



CERTIFICATE OF ATTENDANCE

Cognitive behavioural therapy for insomnia (CBT-I)

This is to certify that

Name Teresa Arora

City Abu Dhabi (United Arab Emirates)

attended the online workshop

Cognitive behavioural therapy for insomnia (CBT-I)

from 31 March to 2 April 2022

Freiburg im Breisgau, 2 April 2022

Prof. Dr. rer. soc. Dipl.-Psych. Dieter Riemann
Scientific organiser

Prof. Dr. Dr. Kai Spiegelhalter
Scientific organiser